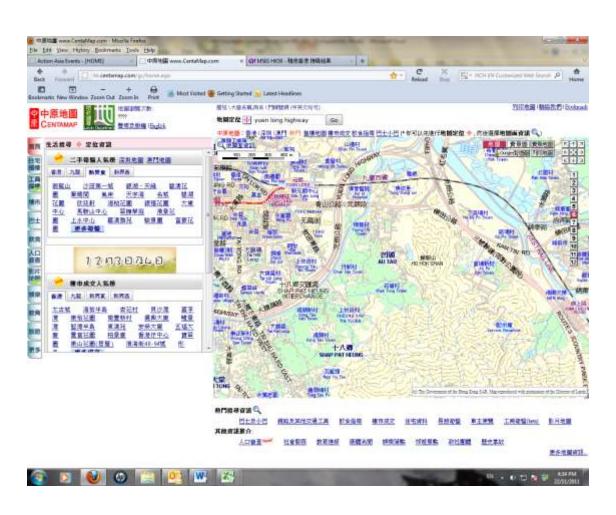
DRIVING TO START TAI TONG SHAN RD

(oposite AFCD compound – top of road after gate) Tai Lam Country Park

Patagonia Nature Run 14k / 22k

Sunday November 24, 2013 – 8:30 am start

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大欖溪首-> 元郎公路

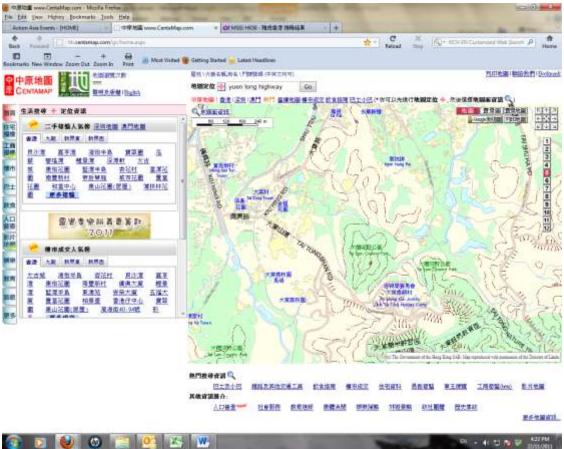
If driving on Tai Lam Rt 3 highway take Yuen Long exit to join Yuen Long highway. Take Yuen Long exit then at round a bout at Pok Oi Interchange take TIN SHUI WAI/TUEN MUN exit on your left. Stay on road around1km until Tai Tong exit at next round a bout at Shap Pat Heung Interchange. Take Yuen Long South exit and you will see Tai Tong exit on left following Tei Kei Leng Tsuen. If you miss it can also take next left to get to Tai Tong Rd. Stay on Kei Leng Tsuen road all the way until the end (around 1km) until you hit Tai Tong Road at 3 way jet and turn LEFT. Follow Tai Tong Rd (around 3km) until Kiu Hing Rd end of road then LEFT on Kiu Hing Rd (approx. 200meters) go left again on Tai Tong Shan Rd up hill for 2k to start at BBQ by parking

lot opposite AFCD building at end of road.



元郎公路->十八鄉交匯處->十八鄉路->大棠路

Tai Kei Leng Road exit.



元朗沿大棠路上轉-> 僑興路再上轉-> 入大棠上道。直上到大棠上道盡頭





Patagonia footwear prize sponsorship for 2013 Patagonia Nature Run



Overall Men 14K / $22K - 1^{st} 2^{nd} \& 3^{rd}$ prize – totally 6 pairs Men – T81163 – Fore Runner Evo



Overall Women 14K / 22K $-\,1^{st}\,2^{nd}\,\,\&\,\,3^{rd}$ prize - totally 6 pairs Women -T81196 - Fore Runner Evo

Prize for Category Winner -



Patagonia Atom Bag 7L